

# SPACEMAKER

McClellan Air Force Base, Calif.

June 17, 1999 Vol. 40, No. 23

## AT A GLANCE

### Hail and farewell

The next McClellan Hail and Farewell is scheduled for June 25, 3 p.m. at the community center. This is a mandatory formation for all officers assigned to McClellan. Commanders and directors needing podium time should call Capt. Lorena Bailey at 643-0077 to be added to the agenda.

### AFPC send officer assignment team

An Air Force Personnel Center briefing team will be here Wednesday to address support group, civil engineering and logistics officer assignments.

Briefings will begin at 9:30 a.m. at the theater in Bldg. 237. A briefing addressing CE career field specifics will begin at 11:30 a.m. The team will also be available in Bldg. 1 at 1 p.m. for individual counseling.

To reserve time or for more information call or e-mail Lt. Col. Rodney Fitzpatrick at 643-6320.

### New chapel hours

July 11, the 8 and 11:15 a.m. Protestant services will combine into a single service. Catholic service will move forward 30 minutes. For more information, call 643-6021.

#### New chapel schedule:

9:30 a.m. - Catholic worship  
Protestant Sunday School beginning September

11 a.m. - Protestant worship  
Catholic religious education beginning September

### Medical Group Closure

The 77th Medical Group will close at 1 p.m. July 9 for an official function. Only limited services with minimum staff will be available after 1 p.m. Normal clinic hours will resume July 12. If you have further questions, contact Col. Edward Torres at 643-8021 or Lt. Col. Gloria Twilley at 643-8520.

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U.S. Air Force photos by 2nd Lt. Robert Firman



(left) Col. Charles A. Cotter, commander, 77th Air Base Wing accepts the wing guidon from center commander Brig. Gen. Mike Wiedemer and takes command Friday at the base flagpole. (right) Cotter gives his inaugural address to the audience at the change of command ceremony.

## Cotter takes wing command

**Staff Sgt. Alan S. Williams**  
SM-ALC Public Affairs

Col. Charles A. Cotter, Jr., assumed command of the 77th Air Base Wing, Friday at the base flagpole. Cotter is number 21 on a list of commanders who have led either an air base wing or group here at McClellan.

Col. W. P. "Bear" Ard, out-going commander of the 77th Air Base Wing, leaves McClellan after 23 months in command. His next assignment is to the "First Command," Air Education and Training Command, where he will become the Director of Personnel, Headquarters AETC, Randolph Air Force Base, Texas.

Cotter's career has been extensive with many levels of authority. Some of his previous assignments are squadron section commander for the 81st Supply Squadron, RAF Bentwaters, England; regional director of recruiting at College of the Holy Cross in Worcester, Mass.; director of personnel at Headquarters Air Force Reserve Officer Training Corp, Maxwell Air Force Base, Ala.; personnel plans officer at Headquarters United States Central Com-

mand, MacDill Air Force Base, Fla.

Cotter also served as the assistant executive officer to Army Gen. H. Norman Schwarzkopf, commander-in-chief, United States Central Command, for eight months during operations Desert Shield and Desert Storm.

His command billets include commander of the 3415th Support Squadron at Lowry Air Force Base, Colo., and commander of the 75th Support Group at Hill Air Force Base, Utah.

He is a graduate of Norwich University in Northfield, Vt., where he earned his Bachelor of Arts degree. He earned his Master of Science degree from Peabody College/Vanderbilt College in Nashville, Tenn. He is also a graduate of the Armed Forces Staff College and the Air War College.

Cotter's decorations include the Bronze Star, the Defense Meritorious Service Medal, the Meritorious Service Medal with seven oak leaf clusters, the Air Force Commendation Medal and the Joint Service Achievement Medal. He is married to the former Nancy H. Caron of Norwell, Mass. They have three children; Chuck, Stacy and Ryan.

## McClellan member accepted to Airman Education Commissioning Program

**Senior Airman Jennifer Vargas**  
SM-ALC Public Affairs

Senior Airman Aaron Stevenson, 938th Engineering Installation Squadron, took the first step to achieving his dream of becoming an officer last week after he was accepted for the Airman Education Commissioning Program.

Stevenson was selected to complete his bachelor's degree in electrical engineering through the AECP.

When he entered the Air Force more than four years ago, Stevenson made becoming an officer his number one goal.

"When I found out about my selection, I was overtaken with both surprise and excitement," said the 25-year-old airman.

The AECP allows active duty airmen to earn initial or additional bachelors degrees in computer or electrical engineering, meteorology, foreign languages and nursing. Selected airmen remain on full-time active duty status and attend school through a permanent change of station.

AECP graduates attend officer training school and are commissioned as second lieutenants.

"I'm not worried about attending college," Stevenson said. "However, OTS will be a new environment. It's a

difficult test of a person's ability to function as an officer. I feel confident the abilities I have acquired as an enlisted member will provide me with some help," he added.

Before being accepted into the program, Stevenson applied twice.

"If I could give one piece of advice, I would say never give up," he said.

According to his supervisor, Staff Sgt. Michael Poole, 938th EIS, giving up has never been an option for Stevenson.

"I remember one semester he was taking three night classes [English, calculus III and engineering physics] and studying for staff sergeant - He told me he'd make staff, and I said he was crazy to think he could do everything at once," Poole explained. "Well, he did it and received an 'A' in every class - he's a smart kid and the Air Force will gain immensely from him."

Stevenson, who has already accumulated 92 semester hours, plans to attend California State University Sacramento or the University of California Davis this fall and earn a degree in electrical engineering.

Until his departure from McClellan, Stevenson will remain a fleet manager for the 938th EIS where he tracks, maintains, and accounts for the largest vehicle and equipment fleet on base.



Action Line

643-3344, [actionline@email.mcclellan.af.mil](mailto:actionline@email.mcclellan.af.mil)

Paintball Boot Camp offers discipline and sportsmanship

**Q**I was reading the Spacemaker dated May 27 concerning Paintball Boot Camp. It's appalling for me to see we are encouraging 13-17 year olds how to engage in target location, shooting tactics, and etc. This is not for kids. We are teaching children they can point guns at people and shoot without any consequences. I call for termination of this activity. By the way, I am a member of the NRA and I'm an avid shooter, but this boot camp business just doesn't seem right.

**A** Thank you for your expressed concern regarding our youth paintball program. The paintball program was initially started from the interest generated by the Airman Advisory Council. The program has been well received by the base population and has been a welcome addition to the Outdoor Recreation program. The Paintball Boot Camp doesn't convey the in-depth score of what our young adults would be receiving while participating. The program will offer discipline, sportsmanship, integrity, and honor.

It's a four-day school of paintball tactics, principals and fun. The program also builds confidence, teamwork and better paintball players. This course is targeted toward rookies and entry level players between the ages of 13-17. They can only participate with parental consent. Class sizes are limited to 15 players and are taught by knowledgeable instructors with years of experience. The instruction will stress safety and sportsmanship. Classes will be available throughout the summer. Come out and see that the program offers a lot of benefits to all.

Apply for VSIP/ VERA by June 30

Employees who wish to apply for the Voluntary Separation Incentive Pay and/or Voluntary Early Retirement Authority must turn in their applications to the Civilian Personnel Office in Bldg. 10 by 4 p.m. June 30.

Applications and information packets are available at the Customer Service counter in Bldg. 10 and at the FOCUS Centers in Bldg. 9 and Bldg. 241.

Employees eligible for retirement are not eligible to receive severance pay. Serious consideration should be given to applying for VSIP in order to receive the benefit of incentive pay should a separation notice be received.

Also, employees currently in receipt of a separation notice should apply in the event a better offer results in a cancellation of their separation notice between now and September 29 which would then make them eligible for the VSIP.

For more information call Cynthia Ice at 643-5940.



Col. Charlie Cotter  
77th Air Base Wing commander

Hi, I am Col. Charlie Cotter and I am thrilled to have the honor of assuming command of the 77th ABW from Col. W.P. "Bear" Ard. I value the opportunity to serve you, members of the McClellan community. The Action Line is your direct link to focus my attention on something you feel I should know. It may be used to highlight an area where you have received exceptional service. The Action Line is also your means to tell me about a challenge or issue that you have not been able

to resolve. Certainly it is best to first try to resolve the issue with the responsible agency, since ultimately that is where the issue will get fixed. Another means to address a problem is through your chain of command. But if neither of these approaches resolve the issue to your satisfaction, let me know in your Action Line call what the challenge is and how you think it could be resolved to your satisfaction. I look forward to serving all members of the McClellan community.

Action Line  
643-3344

Action Line  
77 ABW/CC  
5241 Arnold Ave.  
McClellan AFB, CA 95652-1086

[Actionline@email.mcclellan.af.mil](mailto:Actionline@email.mcclellan.af.mil)

Base Phone Numbers

AAFES.....	920-0537
Civilian Pay.....	643-6725
Civil Engineering.....	643-5624
Civilian Personnel.....	643-2860
Commissary.....	643-4954
Crime Stop Hotline.....	643-6161
Dining Hall.....	643-5092
Family Support.....	643-1106
Focus Center #1.....	643-5661
Fraud, Waste & Abuse.....	643-6000
Housing.....	643-6221
Legal.....	643-3150
Lodging.....	643-6223
Medical.....	Appointments..... 643-8400
	After Hours..... 643-7212
TRICARE Service Center.....	(800) 242-6788
Military Pay.....	643-6965
Military Personnel.....	643-1094
Public Affairs.....	643-6127
Retiree Activities.....	643-2207
Security Forces.....	643-6160
Services.....	643-6660
Social Actions.....	643-3322
Supply.....	643-5213
Uniform Questions.....	643-4051

Your Say

Why is Father's Day important to you?



"I appreciate all that my guardian has done for me. I would give him the world if I could."

Senior Airman Karen Worster  
77th Medical Group



"That's the one day kids concentrate their attention on me. I kind of like that."

Lester Wells  
Beale AFB



"Because Dad's nice and he plays Playstation with me."

Chris Nixon  
Son of TechSgt. Damion Nixon



"If you want to do something for your father, you can do it any day... Father's Day should be all year round."

Kathy Snider  
Civilian

Air Force Vision

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision  
"Quality Systems for America's Air Force"

Sacramento Air Logistics Center Vision  
"Completing the mission of McClellan AFB with professionalism and honor"

SPACEMAKER

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<http://www.mcclellan.af.mil/PA/spc.htm>

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Edward Rivera.....Editor  
2nd Lt. Robert A. Firman.....Public Affairs Officer  
Emily C. Firman.....Editorial Assistant

# It took time, but it was inevitable

By Gen. Michael E. Ryan  
Air Force chief of staff

*Editor's note: this article has been updated to reflect recent developments in the European theater of operations.*

For the last two and a half months, I have been perplexed by people who assert that the air campaign in Yugoslavia was not effective. Misinformation abounds.

Let's first remember how we came to this conflict. It is because Slobodan Milosevic refused to abide by his promise to halt the oppressive activities of his forces in Kosovo, refused to negotiate at Rambouillet and began the ethnic cleansing of Kosovar Albanians. Having witnessed similar atrocities abetted by Milosevic in Bosnia, the United States and its NATO allies were morally compelled to act. The most available, effective and rapid means to strike back against Milosevic's aggression was air power.

Admittedly, the campaign did not begin the way that America normally would apply air power — massively, striking at strategic centers of gravity that support Milosevic and his oppressive regime. But, we are not in this endeavor alone. We have 18 NATO partners, some of whom were prepared to wage only a phased air operation to show NATO's resolve in the hope of achieving an early settlement. Few believed that tactically constrained air attacks on a dispersed infantry force who were brutally looting and burning villages



could alone halt the atrocities or reverse the refugee flow. However, we seriously debilitated and finally routed the army that perpetrated those acts. It took time, but it was inevitable.

By the time of NATO's summit in Washington it became apparent to NATO that a constrained, phased approach was not effective. At the insistence of U.S. leaders, NATO widened the air campaign to produce the strategic effects in Serbia proper. The results are obvious.

Serbia's air force was rendered useless and its air defenses are dangerous but ineffective. Military armament production was destroyed. Military supply areas are diminished. Oil refinement has ceased and petroleum storage was systematically destroyed. Electricity is sporadic, at best. Major transportation routes are cut.

NATO aircraft attacked with impunity throughout the country. With the continued build-up of our aircraft and better weather, the attacks intensified as did the effects.

Cracks in the Yugoslav military



U. S. Air Force photo by 2nd Lt. Robert Firman

## 77th ABW commander says farewell

Col. W.P. "Bear" Ard, former 77th Air Base Wing commander, relinquishes his command to Brig. Gen. Mike Wiedemer, center commander, Friday.

As Jackie and I, Allyson, Tim and Tyler, wrap up two years at McClellan, we want to thank everyone for welcoming and including us as a big part of this great community. Since day one, we have been impressed and inspired by this base's commitment, dedication, enthusiasm, and professionalism! We truly believe McClellan is a special place because of the terrific people here and the marvelous things you all do day in and day out. We have enjoyed our tour with you -- enlisted, civil-

ian, officer, contractor, family members, and retirees -- as you truly embody the very best attributes and heritage of our great service and nation.

You have helped make our Air Force the greatest one yet to date, and the preeminent aerospace power in the world today.

I am honored to have been your wing commander, and Jackie and I are privileged to have been associated with you all. We wish you all the best in your futures, and we bid you farewell.

and police forces finally became too great. Draftees failed to report for duty. Unit desertions rose precipitously. Protests against the regime continue to increase. Finally, Serbian civilian leaders called for a settlement.

As President Clinton said about Milosevic, "He can cut his losses now and accept the basic requirements of a just peace, or he can continue to force military failure and economic ruin on his people. In the end, the outcome will be the same." Now, Milosevic has accepted the inevitable.

This air campaign was executed with great precision and with great valor by NATO forces. Admittedly,

we have had instances of collateral damage and unintended loss of life, but they have been few and inadvertent. We consistently went to great lengths to avoid harming innocent people — in fact, our aircrews often put themselves at greater risk to minimize it.

Our air forces and now our Peacekeepers have seen firsthand the destruction Milosevic has perpetrated against his own people in Kosovo solely because of their ethnicity and religion. We must stay the course. We know NATO's mission is just and NATO's actions justifiable, and now NATO's forces have prevailed.

It was inevitable.

# Diamond means caring for people, says First Shirt

Senior Master Sgt. Chris Stanley  
74th Medical Support Squadron Wright-Patterson Air Force Base, Ohio

You can't imagine how many times a day this type of call is made - "Hi Airman Smith, this is the first sergeant. Do you have a few minutes so you can come to my office and see me?"

Immediately, on his way to the first sergeant's office, Smith runs through things in his mind like: "I didn't write any bad checks, illegally park, miss an appointment - what did I do wrong?"

The first sergeant is in the unit to take care of many things. The thing we like to do least is to counsel someone for doing something wrong.

The first sergeant's job responsibilities are to ensure the health, morale, welfare and readiness of the unit's members - oh yeah, and to enforce discipline (with the commander).

Just because the first sergeant calls you and asks you to come to his or her office, it doesn't mean you did anything wrong.

Most first sergeants believe if they take care of the health, morale, welfare and readiness issues of their unit members, they won't need to get to the fifth part of their job.

Inevitably, some folks will get themselves into

some type of trouble and the discipline will be enforced. But for the most part, first sergeants spend the greater part of their days taking care of people's concerns.

First sergeants do not sit around their offices, perusing the unit's "alpha" roster, thinking to themselves, "What and to whom am I going to do this today?" Most days, when I arrive at the office, there are already phone messages and e-mails from people needing assistance. I start working their issues.

Of course, there are those people in the unit who come up with the most unusual situation they can and take it to the first sergeant to resolve. Once it is resolved, they immediately start working on a more difficult issue and then take that in. That's all right though -- if there is a problem, we can and will resolve it.

That's why I tell my troops, "I'm here to use my diamond for good, not evil." Although it may



be difficult to convince some people of that, it's the prevailing attitude of every first sergeant I know. Once their problems are resolved, they can become more productive workers -- that's what our job is about.

So, the next time your first sergeant gives you a call, remember he or she is trying to help -- not hurt -- you. Take the first sergeant's assistance and advice for what it is. There is a reason we wear such a visible sign of our profession -- the diamond -- to readily identify to people that we are here to help.

Think of it as red cross, ever visible and ever ready to help.



Team of the Year feels good aiming high

Staff Sgt. Michael Dorsey  
Air Force Print News

WASHINGTON — As the Air Force struggles to meet its overall recruiting goals, the weight of replenishing the service’s talent pool falls on the shoulders of recruiters.

Because of this challenging task, the Air Force Association and the chief master sergeant of the Air Force recognized the recruiting career field by naming recruiters to represent them as the 1998 Team of the Year.

The team members are: Master Sgt. Louis H. Birkholz, 128th Air Control Squadron (Air National Guard), Camp Douglas, Wis.; Master Sgt. Gregory Pliler, 349th Air Mobility Wing (Air Force Reserve Command), Hickam Air Force Base, Hawaii; Tech. Sgt. Colette M. Bousson, 341st Recruiting Squadron (Air Education and Training Command), Lackland AFB, Texas; Staff Sgt. Larnell S. Thompson, 317th Recruiting Squadron (AETC), Portsmouth, Va.; and Senior Airman Carlos D. McCardell, 362nd Recruiting Squadron (AETC), San Diego.

The Team of the Year overcame obstacles like budget cuts and a strong civilian economy, but also faced other challenges.

“Many (potential recruits) are unfamiliar with the Air Guard,” said Birkholz, who recruits for the Guard in a small market of central Wisconsin. “It’s a real education process, but being a recruiter in the Guard is special. What keeps me going is seeing the young people come back and seeing the change in their attitudes.”

Although the other four recruiters work in larger markets, scouting for talent in metropolitan areas isn’t an automatic ticket to “Quotasville.”

Thompson lets potential recruits compare Langley AFB, Va., with nearby Army and Navy bases. But Bousson said parents can sometimes be the toughest sell.

“There are a lot of parents who think, ‘My child has to get a guaranteed job,’” said Bousson, whose potential recruits get plenty of Air Force exposure in San Antonio with bases at Randolph, Kelly, Brooks and Lackland.

And even though long hours are typically associated with recruiting, work ethic largely determines the weight of the workload.

“I love it,” said Thompson, who says he averages 35 to 40 hours a week since trading steel-toe boots and the flightline for low-quarters and the pavement of Hampton Roads.

The members of the Team of the Year agree that two intangibles remain constant keys to success — realizing the recruiter’s role and believing in the product.

“That’s why we’re here,” McCardell said. “If they tell (me) they want education, I’m gonna show (them) how to get it in the Air Force. If they tell me they want money, job description, whatever it is they want, it’s my job to show (them) how to get it.”

The recruiters see themselves more as guidance counselors than as job placement experts. However, getting men and women to sign on the dotted line before the end of the quota period means upholding integrity.

Closure Corner

Total Workdays left until ...



Building walk-through process information:  
Expectations Meeting  
1st Tuesday of each month, 2:30 p.m.  
Walk Throughs - None scheduled  
Project Officer  
Jan Miller, CLC, 643-3286, Ext. 234  
General Information  
•Walk Throughs meet at Bldg. 35 at 9:30 a.m.

Vehicle dispatch relocates

The Transportation Division, Vehicle Operations Flight, is relocating to two new locations June 14. The U-Drive-It Vehicle Element and Operators Records and the Licensing Element will combine and move to Bldg. 786A. Operating hours will be Monday through Friday, 7 p.m. to 4 p.m. The new phone number is 643-4809. All other Vehicle Operations support functions will relocate to Bldg. 786J and will be consolidated with the Closure Warehouse operation. All non-UDI transportation requests should go to this office. The phone number is 643-2717. For more information call Staff Sgt. Timothy Wasut or Staff Sgt. Cesar Chambers at 643-2717.

FOCUS Center Jobs

This section contains some of the job announcements available at the McClellan FOCUS Centers. For additional information, contact one of the FOCUS Centers: #1, 643-5661 or #3, 643-6808. FOCUS #1 is open until 7 p.m Thursdays.

**Position:** Immigration Clerk (Office Automation), GS-1802-05  
**Annc#:** Monday  
**Close:** PJN-99-LNG-047  
**Location:** Sacramento  
**Agency:** Dept. of Justice  
**POC:** Lisa Roberts (949) 360-3228  
**Remarks:** Term appointment. Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** Physical Fitness Specialist, GS-601-07  
**Annc#:**DS-MM-9-0274  
**Close:** Monday  
**Location:** Travis AFB  
**Agency:** Air Force  
**POC:** Phone (210) 671-1236  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** Research Hydraulic Engineer, GS810-11/12  
**Annc#:** DY99-297-DEA  
**Close:** July 1  
**Location:** Davis  
**Agency:** Army Corps of Engineers  
**POC:** Debbie Yaworsky (916) 557-5169  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** Transportation Assistant, GS-2102-07

**Annc#:** BOR-MP-99-112  
**Close:** June 24  
**Location:** Sacramento  
**Agency:** Bureau of Reclamation  
**POC:** Inga Hall (916) 978-5471  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** District Adjuications Officer, GS-1801-07/12  
**Annc#:**CH90374  
**Close:** Friday  
**Location:** Sacramento  
**Agency:** Dept. of Justice  
**POC:** Phone (312) 353-6192  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** Toolmaker, WG-3416-11  
**Annc#:** VA-22-99 and/or RB-22-99  
**Close:** Friday  
**Location:** San Francisco  
**Agency:** U.S. Mint  
**POC:** Andi Bruce (415) 536-6752  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** Instrument Mechanic, WG-3359-10  
**Annc#:** FS-9-0589-AT  
**Close:** June 25  
**Location:** Yosemite  
**Agency:** National Park Service  
**POC:** Phone (415) 744-5627

**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

**Position:** EEO C2 Specialist, GS-260-13  
**Annc#:**ORM-99-031A  
**Close:** Friday  
**Location:** Sacramento County  
**Agency:** Veterans Affairs  
**POC:** Sara Kessler (512) 326-6050  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Contact agency for KSA or additional information.

Non Federal

**Position:** Mobile Equipment Superintendent I  
**Salary:** \$3,618 - \$3,975 monthly  
**Close:** July 8  
**Location:** Testing in Sacramento  
**Agency:** State of California  
**POC:** Phone: (916) 653-4838  
**Remarks:** Copies of the announcement are available in the FOCUS Centers. Review and contact agency for additional information.

**Position:** Computer Operator  
**Salary:** \$1,934 - \$2,094 monthly  
**Close:** June 25  
**Location:** Testing in Sacramento  
**Agency:** State of California  
**POC:** Phone (916) 324-5039  
**Remarks:** Copies of the vacancy announcement are available in the FOCUS Centers. Review announcement and contact agency for KSA or additional information.

# Senior executive helps civilians climb career ladder

Senior Airman Jenifer Vargas  
Staff Writer

One of the Air Force's most senior civilians visited here last week in an effort to help provide civilians the motivation and tools necessary to climb the Department of Defense career ladder.

Ronald L. Orr, a member of the Senior Executive Service and assistant deputy chief of staff for installations and logistics toured McClellan for three days while meeting with senior leadership as well as future senior leaders.

"I'm here primarily to pass on the mantle of leadership to another generation," Orr said. "I want people out there to know about the opportunities for success in our Air Force and how to achieve them," he explained.

Orr visited numerous base agencies, speaking to many of McClellan's civilians about their op-

tions for advancement. During a briefing at the base theater, he emphasized the importance of higher education, advanced degrees, functional and geographic mobility, professional military education and other career enhancing opportunities.

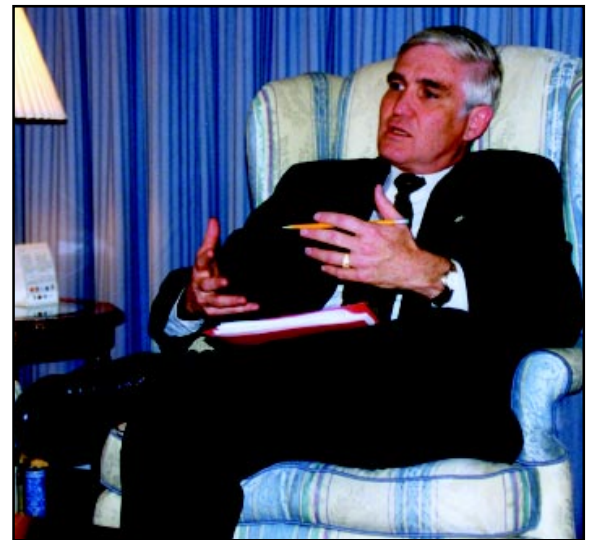
"Growing up, I had wonderful teachers and as I progressed in my career, I had remarkable bosses who helped me to achieve great success," Orr explained. "I want to be able to do the same for the folks at McClellan."

As a member of the Senior Executive Service, this wasn't his first visit to the base.

Orr served in numerous positions here beginning in 1980.

"It's great to be back 'home' visiting old friends and seeing how much people have progressed in their careers," Orr said.

To learn more about civilian career advancement in the Department of Defense, visit [www.afpc.randolph.af.mil](http://www.afpc.randolph.af.mil).



U.S. Air Force photo by Edward Rivera

Ronald L. Orr, a member of the Senior Executive Service and assistant deputy chief of staff for installations and logistics, toured McClellan last week and discussed civilian career advancement.

# Safeguard of Government property a must for all

Believe it or not, everything and anything on this base, except your personally owned items, are property of the US Government. This includes surplus equipment, office furnishings, excess supplies, and even waste products from the industrial operations. In one recent instance, an employee was observed loading material into a private vehicle because the "stuff would be of no use to the government, especially with the base closing." Employees who think that surplus items can be taken home for their own use can be charged with stealing government property or fraud, waste and abuse even if the items are to be turned in as salvage to the Defense Remarketing Management Office.

As McClellan operations draw down, there will be tons of "excess" materials headed to DRMO for processing. DRMO redistributes government property and saves the government surprisingly large amounts of dollars in the process.

Most of the serviceable material is offered to other government agencies free of charge, thereby saving dollars for those agencies.

The rest (both serviceable and non-serviceable items) are offered to the public in scheduled, published auctions, with the proceeds going back to



## FYIG

From Your Inspector General

Col. Michael F. Turner  
Inspector General

the US Treasury.

Technically, there is a system in place to take care of all government property, including excess items, when the base closes. However, taking home excess items or equipment by individuals for personal use is not part of the system. As government employees, we are responsible to safeguard all government property, whether we think it is excess or not. It is our duty to prevent unauthorized or individual processing or appropriation of surplus materials. Report any suspicious activity to the 77th Security Forces Squadron for investigation.

Remember, if it's government property, we represent the tax payers in protecting their investment.

# Special health care enrollment announced

**Washington, D.C.** -- The Health Care Financing Administration is offering a special enrollment period for Medicare Part B to persons under age 65 who are Tricare and Medicare eligible due to a disability, but who have not yet enrolled.

Those in this category may enroll at any time during June and July.

The part B premium is currently \$45.50 a month. If you became eligible for Medicare Part A because of a disability on or after July 1, 1992 through June 30, 1999 and if you enroll in Part B during this special enrollment period, you will not be required to pay the 10 percent penalty. If eligible for Part A before July 1, 1992, you will be required to pay a reduced penalty because the months from July 1992 through June 1999 will not be included in the penalty period.

If you don't enroll in Part B during this special period, you can only enroll each year between January 1 and March 31. Part B coverage would then be effective July 1 of the year in which you

enroll. Part B premiums will be increased 10 percent for each full 12-month period you were not enrolled after becoming eligible.

Enrolling in Part B during this period and staying enrolled, your Tricare eligibility will continue until you reach age 65. If you don't enroll in Part B during this special period, your Tricare eligibility will end June 13, 1999.

If you enroll in Part B, Tricare will become the "last payer" for your health care when Part B becomes effective, until you reach age 65. You will remain eligible for care at uniformed services medical care on a space available basis.

If you enroll or reenroll in Medicare Part B, your DEERs record will need to be updated. Military Personnel Flight members can answer questions. You will need your Medicare card or a notice from the Social Security Administration showing your entitlement to Part B.

For more information call 643-2207 to discuss your particular case.

# Community Support Center reaches out to deployed troops

By Senior Airman Jennifer Vargas  
Staff Writer

With the launch of a new program created by McClellan's Community Support Center, deployed members are receiving what have been dubbed "air drop packages" to help keep them in touch with their families on the base.

Since its inception last month, 60 packages have been sent to deployed Team McClellan members.

"I enjoy working with our people," said Tech. Sgt. David Lee, CSC family readiness NCO. "It gives me a chance to reach out and help our folks stay in touch with their families and units," Lee said.

The packages include newsletters, fliers about upcoming events for family members, issues of the Spacemaker and even cookies.

Lee, along with his staff and families of deployed members, got together last month and baked more than 500 chocolate chip, sugar and peanut butter cookies to send to troops. "We had a lot of fun baking," Lee said. "Even the kids got involved."

And, according to Lee, the response from receivers has been nothing but positive. "This is a great idea and it should be carried on in the future," said Staff Sgt. Charles Danner, 938th Engineering Installation Squadron who is deployed to Prince Sultan Air Base, Saudi Arabia. "To receive a package from the base shows me that deployments like this do not go unnoticed," he added.

For information about writing letters to deployed members to be included in the packages, call the CSC at 643-1106.

The CSC plans to continue the airdrop packages until the base closes.



# McClellan Crimebeat

"There is no den in the wide world to hide a rogue. Commit a crime and the earth is made of glass. Commit a crime, and it seems as if a coat of snow fell on the ground, such as reveals in the woods the track of every partridge, and fox, and squirrel."

Ralph Waldo Emerson



Compiled by Senior Airman Lisa Baylis  
77th Security Forces Squadron

*The following incidents were selected directly from the 77th Security Forces Squadron daily police blotters.*

## May 2

An active duty military member and two dependents of retired military members were detained for shoplifting at the base exchange. Each individual was apprehended and transported to the law enforcement desk for processing. The dependents were cited into Federal Magistrate's court. The first sergeant of the active duty member signed for his release, commander's action pending.

The son of an active duty military member was detained in Capehart Housing for suspected driving under the influence of alcohol. Contact was made with California Highway Patrol who responded and apprehended the individual.

## May 3

A civilian employee reported the theft of government property from Bldg. 251. Investigation revealed two laptops were taken from a secured equipment room with no signs of forced entry. Investigation is pending.

An active duty military member reported the theft of a license plate from a trailer in the parking lot of Bldg. 1080. Investigation is pending.

A civilian employee reported an accident in the parking lot of Bldg. 900. An investigation revealed an active duty military member struck a dumpster while backing out of a parking stall, causing it to collide into the Shoppette store room. The facility suffered slight structural damage. Citations issued.

## May 7

An Army member turned himself in for desertion at the law enforcement desk. Contact was made with appropriate Army personnel who confirmed his status. The member was issued a provisional pass and transported to his unit to face desertion charges.

Security forces patrolmen, Sacramento County and base fire department personnel responded to Capehart Housing for a report of a structural fire. Investigation revealed a "jungle gym" was set ablaze by an unidentified individual(s). The arson investigation is completed, possible apprehensions are pending issue of warrants.

## May 12

The law enforcement desk received notification of a verbal threat from an active duty member to an active duty member. Appropriate service agencies and each member's first sergeant were notified. Commander's action pending.

Stanislaus County California Highway Patrol notified the law enforcement desk that an active duty member was apprehended for driving under

## Security forces gets visit from leader, mentor

During a two-day visit here last week, Col. Hubert Mitchell, Air Force Materiel Command Security Forces commander, saw more than 100 security forces members. The colonel met with senior and junior personnel from the 77th Security Forces Squadron and discussed issues including promotions, stop loss, retention and merging of the career field. He also awarded three security forces members achievement medals.



U.S. Air Force photo by Henry Walker

the influence of alcohol. The member's first sergeant was notified. Commander's action pending.

## May 16

A Security Forces entry controller detained two non-base affiliates for attempting to falsely enter the installation without identification and possession of controlled drugs. The driver was cited into Federal Magistrate's Court. Contact was made with Sacramento County Sheriff's Office who responded and towed the vehicle.

While conducting installation entry point checks, security forces patrolmen detained a retired military member for driving under the influence of alcohol at Peacekeeper Gate. The individual was apprehended, transported to the law enforcement desk for processing, and cited in Federal Magistrate's Court.

## May 18

Security forces patrolmen detained a civilian employee for possession of firearms during random installation entry point checks inspection at Bell Gate. The employee was ordered to transport his weapons to his residence. No further action taken.

## May 19

A civilian employee reported the theft of government property from Bldg 250. Investigation results are pending.

## May 20

A civilian employee was detained at Peacekeeper Gate for suspected driving under the influence of alcohol. Further investigation revealed the individual's driver's license was revoked for a misdemeanor. The individual was apprehended, transported to the law enforcement desk and cited in Federal Magistrate's Court.

## May 21

A civilian employee at Flashbacks Pizzeria requested assistance with a drunken patron. Security forces patrolmen responded. Investigation revealed a retired military member was having a

verbal altercation with his estranged wife. There were no signs of injuries. Both individuals were escorted off the installation without further incident.

## May 23

An active duty member and a civilian employee were detained at Bldg. 263 for theft of government property. Contact was made with Sacramento County Sheriff's Office to assist with the recovery of various government items from the civilian's off-base residence. The member's first sergeant was notified and responded. Investigation is pending.

## May 25

An active duty member was detained for larceny at the Base Exchange. The individual was apprehended and transported to the law enforcement desk for processing. Contact was made with the member's first sergeant. Commander's action pending.

## May 30

Security forces and fire department personnel responded to Bldg. 22 to extinguish a grass fire adjacent to Bldg. 18. Terminated without further incident.

## May 31

A retired military member was detained at Peacekeeper Gate for suspected driving under the influence of alcohol. The individual was apprehended, transported to the law enforcement desk and cited into Federal Magistrate's Court.

**DID YOU KNOW?** Pacific Bell and the 77th Communication Squadron established a call trace procedure for all on-base personnel who receive threatening phone calls by telephone. For call trace procedures, hang up immediately. Once you have hung the phone up pick it back up immediately and dial "\*57". Take appropriate action(s) for the threat. Report the incident to security forces at extensions 643-6160 or 643-6161 as soon as time permits.



Movies

Movies start at 7 p.m. in Bldg. 1417.

**Never been kissed** - Friday  
*Drew Barrymore, David Arquette* - josie is an aspiring journalist at the Chicago Sun times. Her first assignment is gong undercover at a local high school, where she had such a miserable time years before. Rated PG-13 ( sexual content, drug related material, some language)

**The Mummy** – Saturday and Sunday  
*Brendan Frasier, Rachel Weisz* - In 1925, an expedition of treasure seeking explorers in the Sahara Desert stumble upon an ancient tomb. The hunters unwittingly set loose a 3,000 year old legacy of terror. Rated PG-13 (pervasive adventure violence and some partial nudity.)

Youth Center

**Today:** Open recreation, 2 - 8 p.m.; open gym, 2 - 3 p.m. and 4 - 8 p.m.; open snack bar, 2 - 6 p.m.; advanced gymnastics, 3 - 4 p.m. Moms, Pops and Tots play group 10-11 a.m.

**Friday:** Open recreation, gym, snack bar 2 - 6 p.m.; Skate night, 6:30 - 9 p.m., Grades 4-7, \$2 for members and \$4 for non-members

**Saturday:** Open recreation, snack bar and gym, noon - 5 p.m.

**Sunday:** Closed

**Monday:** Open recreation and gym, 2 - 8 p.m. Open snack bar 2 - 6p.m.;

**Tuesday:** Open recreation, 2 - 7 p.m.; open gym, 4:15 - 7 p.m.; snack bar, 2 - 6 p.m.; beginning gymnastics 2:15 - 3:15 p.m. and 3:15 - 4:15 p.m.

**Wednesday:** Open recreation, gym 2 - 8 p.m., snack bar 2- 6 p.m. Couples Communication Class, 6:30 - 7:30 p.m. To sign up, call Family Advocacy at 643-1518.

Summer season safety a must

Rick Hight  
Chief of Safety

As we enter our summer recreational period, this is an important time to remember some significant lessons learned about a popular Sacramento area activity, river rafting. Further, many of you continue to request information on the basis for the upper American River Off Limits Order, so lets go back and review one event that had a strong impact on our McClellan community. As one of those involved in the search and recovery effort, this event certainly influenced my life.

In May 1982, five young McClellan airmen set out for a day of fun on the upper American River, an area of heavy white water that should only be used by those with exceptional skills and proper equipment. They constructed a raft from inner tubes that were tied together, and tethered them to a mid stream rock 25 feet from shore.

Four of the members were out on the raft sunbathing when the rope securing the raft broke loose and the raft started down river. The raft overturned and became lodged between some rocks and all four were thrown into the water.

Unfortunately, none of the four were wearing a life preserver. As they started down stream they managed to grab a tree branch, but it broke under the force of the swift moving icy water. One person managed to swim to shore, but the others were carried down stream where all three drowned. Two of the bodies were discovered in fairly short period more than a mile down stream.

The third victim took days to find and only after an extensive ground and air search conducted by the Placer County Sheriff's Department and the Air Force.

These were not the first McClellan personnel to die in the American River, but this single event certainly had the greatest impact on the lives of many and directly lead to the existing upper American River Off Limits Order.

In reviewing this and similar cases Three factors played a prominent role in the cause.

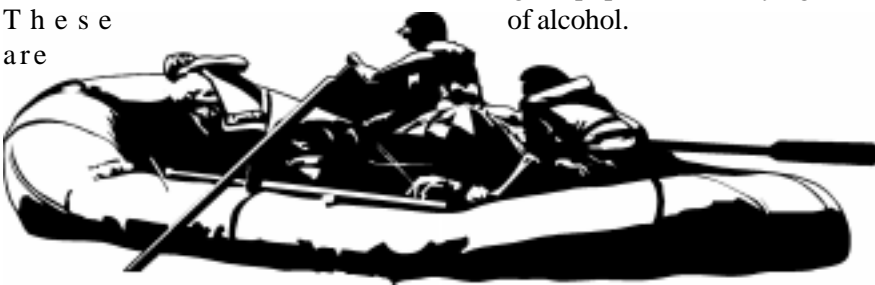
These are

the consumption of alcohol, the extremely cold temperature of the water and the failure to use a personal floatation device.

Now, many of you believe that the lower American River, below Nimbus Dam, offers a good, safe area for water activities. Generaly, it does provide reasonably safe and fun days, provided attention is paid to the three factors above.

Local emergency response agencies indicate that on a hot summer weekend it is not uncommon to respond to the lower American five to six times a day for water related mishaps. An average season on the lower American accounts for eight drownings.

The bottom line is, it's unfortunate we have to learn from tragic events, but in this recreational activity as in many others, your safety and the safety of your loved ones depends on the use of a little common sense, the right equipment and staying clear of alcohol.



Golf tourney benefits aviation museum

The 7 th Annual McClellan Aviation Museum Foundation benefit golf tournament is June 25, at Lawrence Links Golf Course, located five miles north of McClellan Air Force Base.

The tournament is a double shotgun with a morning shotgun flight starting at 7:30 a.m. and an afternoon shotgun flight starting at 12:30 p.m. The tournament format is a four person scramble.

Each flight gets its own first, second and third place awards for low gross and low net as well as men's and women's long drive and closest

to the pin. Each flight has separate door prize drawings with raffle ticket sales.

Hole-in-one prizes this year are: \$15,000 cash (Or equal credit towards a 1999 automobile); A four day/three night golf vacation for two to a Golf and Tennis Resort in Destin, Fla; A set of irons; three day/two night golf vacation to Sam Rayburn, Tx. Hole-in-one prizes are awarded for the first hole-in-one accomplished on each prize hole.

Fees are as follows: E1-E4, \$24; Prefix 6 members, \$26; Prefix 0 or 7

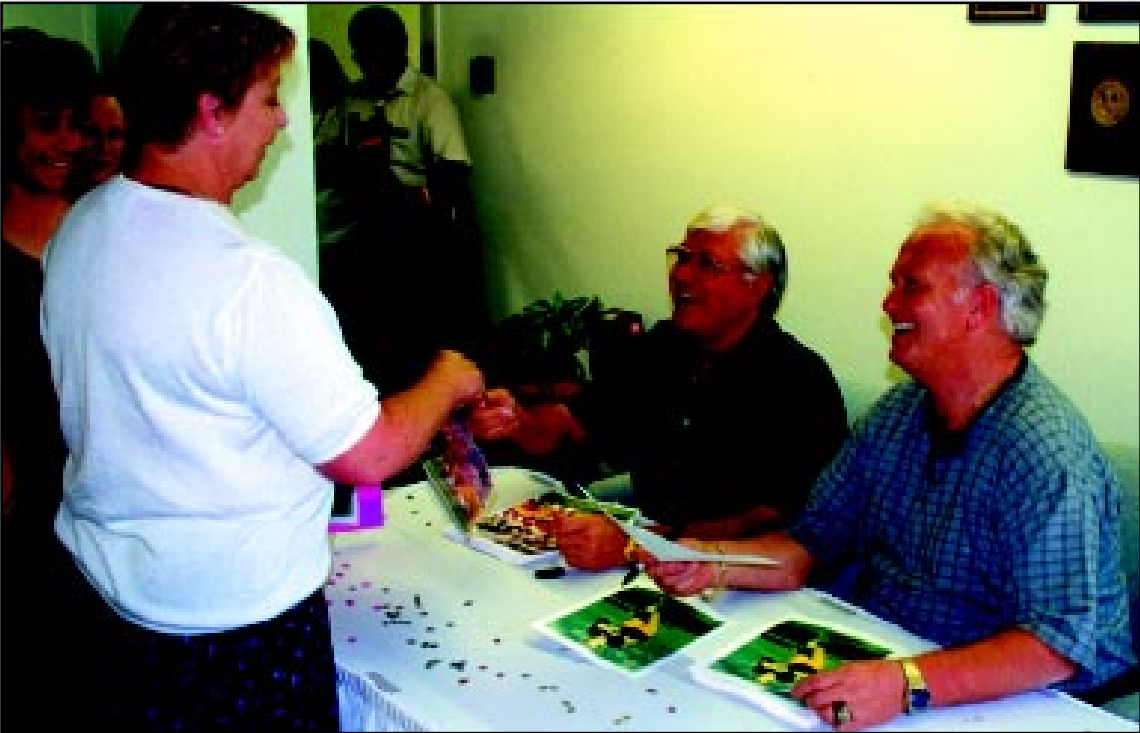
or 8 members, \$30; E5-E9, \$36; DOD civilian/spouse, \$43; All other players, \$47. Golf carts are \$18 and must be paid in advance.

This tournament is a significant fund raiser for the foundation and has raised more than \$28,000 for the direct benefit of the museum foundation in its first six outings. Seventy five percent of the fees are tax-deductible. A maximum of 66 players a flight is allowed.

Call Allen Taylor at (916) 643-5209 for more information or for tournament registration forms.

Football legends visit McClellan

Billy Kilmer (left) and Paul Hornung, two legends of professional football, stopped by McClellan Air Force Base Friday to sign autographs. Kilmer, formerly with several NFL teams including the San Francisco 49ers and the Washington Redskins, and Paul Hornung, a Heisman Trophy Winner while at Notre Dame and player for the Greenbay Packers, are on a tour of Pacific rim bases including bases in Hawaii, Guam, Japan and Korea. The tour is sponsored by the Defense Commissary Agency.



U.S. Air Force photo by Emily C. Firman



# Major Accident Recovery Exercise set

**2nd Lt. Robert A. Firman**  
SM-ALC Public Affairs

Several base agencies and emergency response teams from Sacramento will be conducting a joint Major Accident Response Exercise on the afternoon of June 22.

This exercise will simulate a serious accident involving injuries to personnel in building 238, the Casting Emission Reduction Program facility. Ground burst simulators and smoke machines will be used to create a more realistic environment for the exercise.

According to Staff Sgt. Paul Kineke, NCOIC for disaster plans, training and operations, "Even

though the base is closing, we're continuing these exercises. We're also working with local emergency response officials. We feel it's important to maintain the ability to respond in a smooth and quick way to potentially serious accidents right up to base closure. This exercise is one way for us to maintain that ability and a way for us to better incorporate emergency response teams assisting us from off base."

The exercise will incorporate responses by at least three contractors including Boeing Aerospace North American Services, Trajen, CERP and the hazardous materials responders of the Sacramento City Fire Dept. The exercise will be completed by Monday afternoon.



## Excessive training is harmful

**By James Schlub**

Health and Wellness Center  
Wright-Patterson Air Force Base,  
Ohio

Telling competitive athletes or your basic fitness enthusiast to slow down and take a break from training may be risky, but it can be sage advice. Overtraining (training too often) or overreaching (referred to as pushing yourself too hard during a single workout) can lead to illness and injury.

An increased incidence of muscle strains, tendonitis, stress fractures and respiratory infections are just a few of the outcomes of overtraining. In some folks' zeal to improve fitness they often overlook those little aches and pains or other symptoms of overtraining that come back to haunt them with a vengeance.

If you are experiencing trouble sleeping, consistent fatigue, a decrease in performance or strength, a rise in resting pulse or lack of appetite, your body is trying to tell you something -- back off.

When you train you actually break down muscle and it is during rest and recovery from exercise you lay down the muscle to come back stron-

ger. If recovery and sleep is neglected, improved performance will not be possible. Many of the hormones responsible for growth and repair of tissues are highest during sleep. So if sleep is being neglected or affected by training, you will not recover as readily.

To avoid overtraining, monitor the symptoms above. When vigorous aerobic workouts exceed more than five days a week for an hour or more, overuse injuries result.

For strength training workouts, however, it is recommended to allow at least 48 hours between workouts (or no more than three workouts per week of strength training for the same body part).

Research has shown excellent gains for people who only work out with weights once or twice a week.

When you combine both types of workouts, you may need to be more careful with your routine. For example, someone who runs four days a week and feels fine may think adding three days of weight lifting to his or her workout is not a problem.

It may be a problem, however, if each of these three days lifting weights he works his leg muscles very hard doing squats or leg presses until failure. The overall

work on the legs may be too great to allow sufficient recovery between workouts. He or she may find performance in running and strength events suffering as a consequence.

In addition, the overall strain of vigorous running and an extensive frequent weight training program for the large muscles groups of the leg may cause an overall decrease in the ability of the immune system to fight off colds and flu.

A much better workout may be lifting with the legs once a week and keeping a four-day-a-week running program or dropping one day of running and combining that with two days of lifting.

Everyone's body has its own tolerance for the stress of exercise. While your neighbor may be able to run seven days a week without injury this has no relationship to your workout.

Even the best athletes find they go over the edge from excellent fitness to overtraining and injury.

The trick is to add days each week, minutes each session or increase target heart rates slowly. Then if the early symptoms of overtraining start to appear, back off your workouts, catch some extra sleep and you'll be getting fitter in no time.

## Festival of Flags Golf Tourney

The 77th Support Group has announced several changes to the Festival of Flags Golf Tournament scheduled for June 18. The price has been lowered to \$45, which includes a PGA golf clinic, tournament entry fee, greens fees, a golf cart, beverages during play, lunch at the golf course, an international dinner, door prizes, presentations and awards, plus a goodie bag with divots, tees and more when players register. Also, spouses and guests of players are invited to enjoy dinner for \$5. Dinner will be at the golf course instead of the McClellan Community Center.

The golf clinic will be instructed by a Professional Golf Association professional beginning at 11 a.m., followed by lunch. Registration for the tournament begins at noon, followed by a shotgun start at 12:30 p.m. Awards will be presented during the International dinner at 5:00 p.m. Further, for a hole-in-one, you could win \$15,000 toward a new car or other exciting prizes.

## The quicker picker uppers

James Urps and Calvin Young, employees of CBD Dolver, work to clean up a minor chemical spill at the Bell gate. The men were part of emergency crews responding to the spill Tuesday. A 55-gallon drum of Maskant 531A, a chemical used in the plating process, was spilled when it fell from the back of a two-and-a-half ton truck. Cleanup was accomplished quickly and no injuries resulted.



U.S. Air Force photo by Emily Firman